

2020 Vision Playshop



BIG DREAM

“A dream we dream alone is just a dream.
A dream we dream together is reality”
-Yoko Ono

Play BIG for your Dream in 2020

Hi there! Coach Dave here with you.

Excited to share the 2020 Vision
Playshop Experience with YOU!

In this playshop you will clarify your
vision for the year ahead – and here is
the important part – in the company of
a few friends.

When you share your vision with fellow
humans who want the best for you, you
significantly improve your possibilities
for fulfillment.

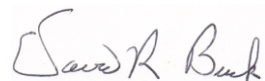
This playshop is based on 2 models
from our Coach Training Program The Center for Coaching Mastery:
The Play Life Method and the Energy Alignment Game. Included in
this playbook are pictures of the models followed by playsheets to use
during the playshop.

Playshop Outline

- 1) Create a safe space
- 2) Celebrate and complete the past year
- 3) Clarify your BIG Dream for the next year
- 4) Craft your play plan for the “Energy Alignment Game”

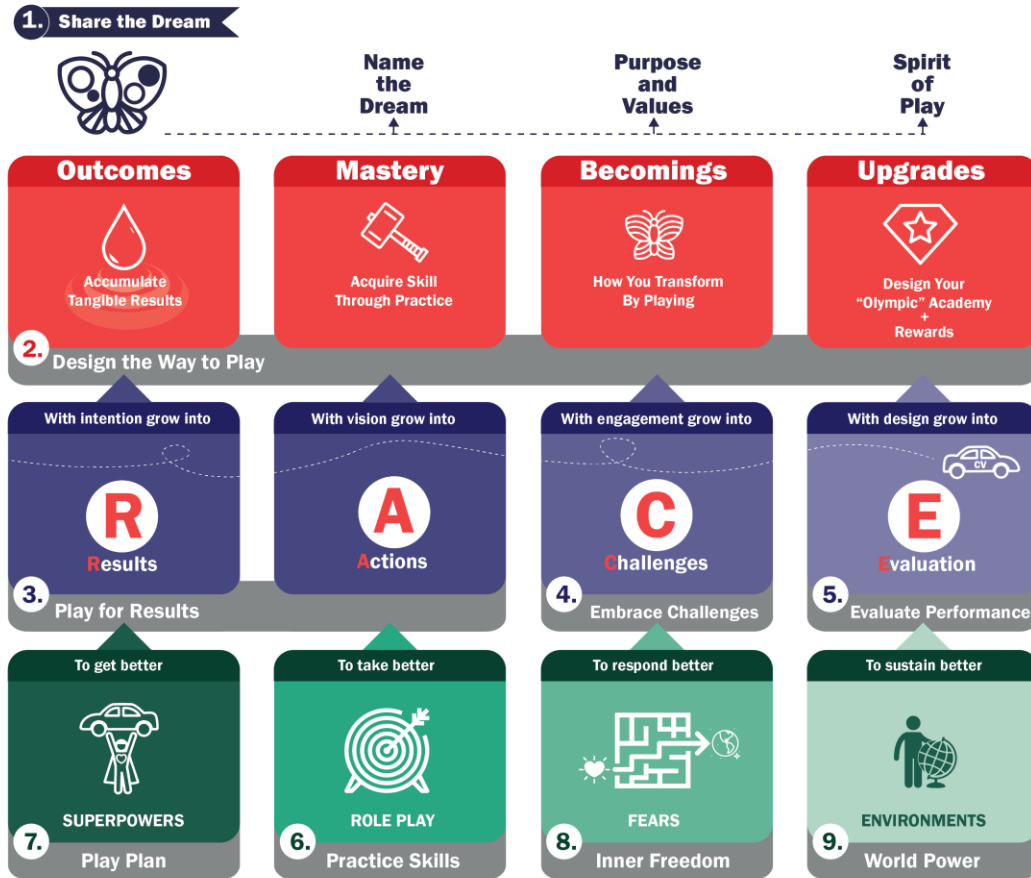
I am with Yoko. We are here to play BIG for our dreams... TOGETHER!

#PlayLife



Coach Dave and the CoachVille Team!





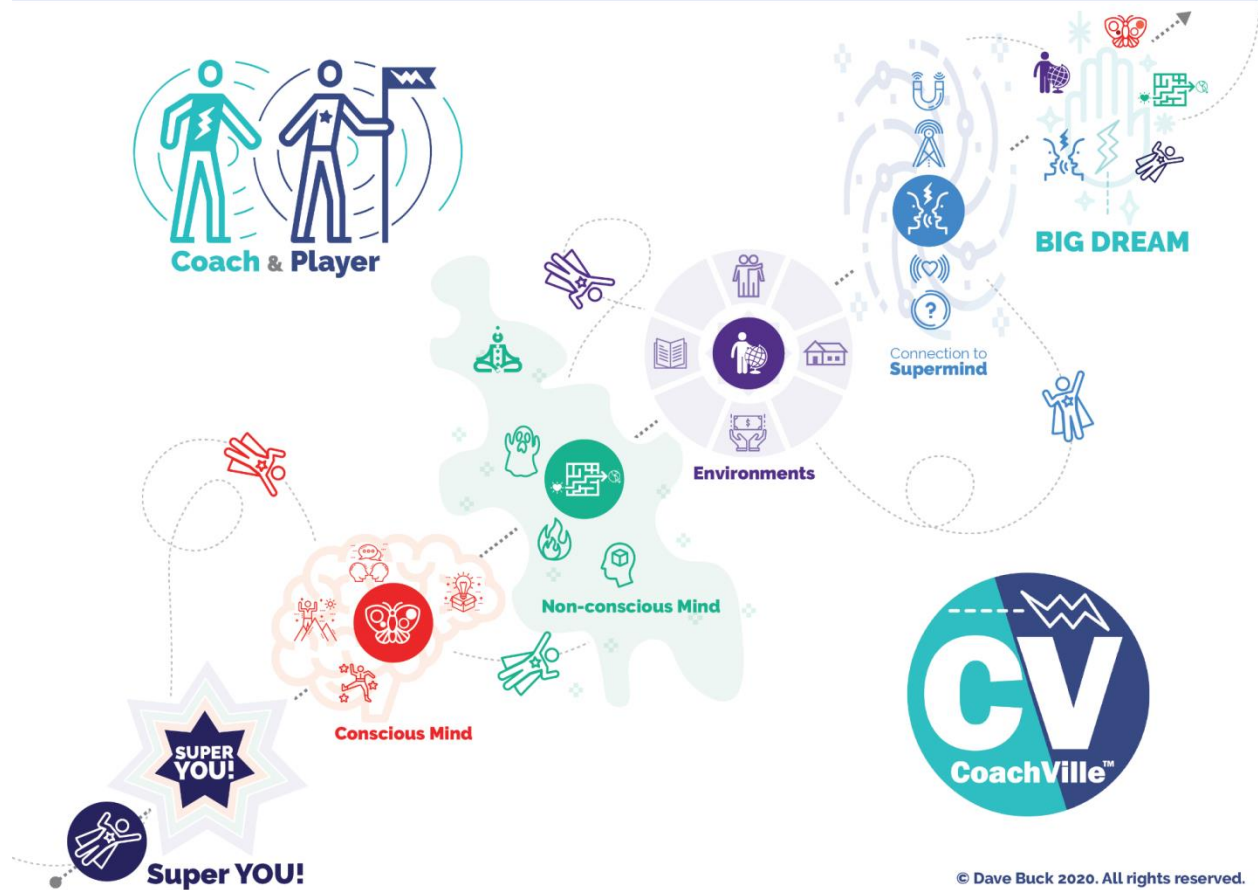
Four Pivotal Moments of Play with Social Fear



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The Energy Alignment Game



1. Share the Dream

Player Name:

Name the Dream

Date:

Purpose & Values**Spirit of Play****Outcomes**

Date:

**Mastery****Becomings****Upgrades****2.**

Design the Way to Play

Results

Date:

**Actions****Challenges**

Date:

**Evaluate**

Date:

**3.**

Play for Results

4.

Embrace Challenges

5.

Evaluate Performance

Superpowers

Date:

**Role Play**

Date:

**Fears**

Date:

**Environments**

Date:

**7.**

Play Plan

6.

Practice Skills

8.

Inner Freedom

9.

World Power

Play Big

Date:

**10.**

Big Move #1

Play Big

Date:

**11.**

Big Move #2

Highlights

Date:

**12.**

Celebrate and Co-Create

Next Dream

BIG Dream Playsheet

Share the Dream

Player Name:

Date: / /



Name the Dream

Purpose & Values

Spirit of Play

Outcomes



Mastery



Becomings



Upgrades



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Super YOU! Playsheet

64 Superpowers for Change


Creative Self-Expression
Receive Higher Guidance
Implement the New
Pursue Answers
Trust Inner Timing
Maintain Emotional Balance
Support Shared Interests
Trusted Agent for Creatives
Attentive Focus
Empowered Self Love
Espouse Ideas
Romantic Perception
Listen with Acceptance
Excellence with Prosperity
Adaptable Magnetism
Choose then Enthuse
Debate Opinions
Improve Integrity
Approach with Sensitivity
Assured Presence
Take Charge Naturally

Gracious with Emotions
Express Complex Ideas Simply
Inventive Thinking
Innocent Trust
Accumulate Material Rewards
Nourish Well-Being
Play with Tenacity
Commit then Persevere
Intense Desire
Natural Influence
Endure by Adapting
Mindful Narrator
Great Power
Seek Experiences
Resolve Crisis
Develop Harmonic Friendships
Inspired Fighter
Dynamic Activist
Accomplish Great Feats
Imagine Fulfilling Experiences
Respond and Complete Things
Breakthrough Perceptions

Build Teams and See Patterns
Tribal Leader
Love of Your Body
Figure Out How
Depth of Natural Ability
Wise Rebel for New Principles
Elevate Tribal Values
Act with Shocking Initiative
Gain Perspectives through Stillness
Initiate Experience
Ambition to Advance
Access to Spirit
Tell Meaningful Stories
Gentle Intuitive Clarity
Joyous Vitality
Penetrate Barriers to Intimacy
Resourceful Facing Limitations
Inspired by Wonder
Logically Organize Details
Inspired by Doubt
Inspired by Possibilities

Describe the qualities and capabilities of the next version of YOU:

Date: / /





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Conscious Mind Playsheet



Your BIG Dream:

Date: / /

Relate for Influence



Create and Share



Explore to See and be Seen

Experiment to Try New Ways

Idea Pops:



Follow-up Actions:


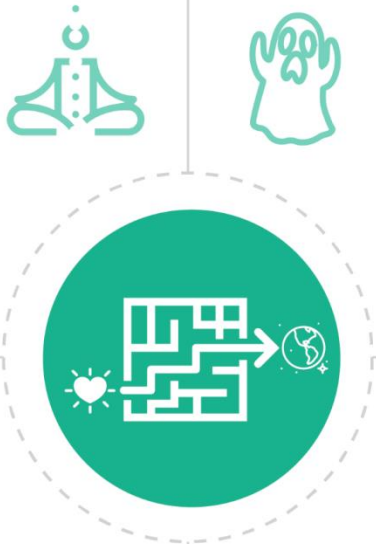




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Non-Conscious Mind Playsheet

 Your BIG Dream:		Date: / /	
Body Awareness		Fears	
			
Desires		Beliefs	
Idea Pops:		Follow-up Actions:	
			



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Environments Playsheet



Your BIG Dream:

Date: / /

People



Places



Ideas



Things



Idea Pops:



Follow-up Actions:






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Connection to Supermind Playsheet

 Your BIG Dream:		Date: / /	
Big Questions		Attracting Thoughts	
			
			
			
Gratitude		Experiences	
Idea Pops:		Follow-up Actions:	
			



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Conclusion!

Now go out into the world and play BIG for your dream.

Guide others to play BIG for their dreams.

Create a ripple effect of good in the world!

Thank YOU!

